35th Annual National Conference of the
Indian Foot & Ankle Society
in association with
Vidarbha Orthopaedic Society, Nagpur &
All India Institute of Medical Science (AIIMS), Nagpur

IFASCON
2023 NAGPUR

Theme : Ideate, Innovate, Integrate

25th Aug 2023 at AIIMS &

26th & 27th Aug 2023 at Le Méridien Nagpur

www.ifascon2023.com

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UK

Dr Vinod Panchbhavi
USA

Dr Paulo Cesar
Brazil

Dr Ezequiel Palmonovich
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Dr Caio Nery
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PRE CONFERENCE CME - AIIMS, Nagpur

FRIDAY - 25TH AUGUST 2023

TIME	TOPIC	SURGEONS
08:00 - 1:30 PM	**Live Surgeries**	
	Live Surgery 1: Hallux Valgus Correction ***Moderators:*** *Dr. Leif Ryd, Dr. Ajoy S. M., Dr. Sudhir Babhulkar*	*Dr. Caio Nery (Mentor),* *Dr. Hitin Mathur,* *Dr. Abdul Gafoor*
	Live Surgery 2: Arthroscopic Ankle Fusion ***Moderators:*** *Dr. Paulo Cesar, Dr. Satyajeet Jagtap, Dr. Sampat D. Patil*	*Dr. Gowreeson T. (Mentor),* *Dr. Abhishek Kini,* *Dr. Rahul Upadhyay*
	Live Surgery 3: Lisfranc Injury Fixation ***Moderators:*** *Dr. Arvind Puri, Dr. Mahendra Kudchadkar, Dr. Sushrut Babhulkar*	*Dr. Vinod Panchbhavi (Mentor),* *Dr. Jagdish Sakhiya,* *Dr. Manoj Pahukar*
	Live Surgery 4: Subtalar Arthrodesis ***Moderators:*** *Dr. Kartik Hariharan, Dr. Kamal Dureja, Dr. Sushil Mankar*	*Dr. Anish R Kadakia (Mentor),* *Dr. Kishor Dudhat,* *Dr. Abhijit Bandopadhyay*
	Live Surgery 5: ATFL Reconstruction ***Moderators:*** *Dr. Vinod Panchbhavi, Dr. Rajiv Shah, Dr. Satish Sonar*	*Dr. Ashish Shah (Mentor),* *Dr. Ajay Surwade,* *Dr. Soura Shekar Saha*
	Live Surgery 6: Achillis Tendenopathy ***Moderators:*** *Dr. Ezequiel, Dr K S Anand, Dr. Sanjeev Choudhary*	*Dr. Ken Hunt (Mentor),* *Dr. Aditya Somayaji,* *Dr. Chandan Narang*

TIME	TOPIC	FACULTY
01:20 - 01:30 PM	**Samay lightning and Address by AIIMS faculties**	
01:30 - 02:00 PM	**LUNCH**	
02:00 - 02:40 PM	**Session 1: Great Debates**	
	Moderators: *Dr. Caio Nery, Dr. Rajiv Shah*	*Dr. Caio Nery*
	1. Deltoid injuries: Repair or leave it?	*Dr. Ken Hunt*
	2. Acute mid-substance Achilles rupture: To operate or not?	*Dr. Paulo Cesar*
	3. Hallux valgus: My osteotomy is the best osteotomy!	*Dr. Anish R Kadakia*
	4. Acute Charcot: conserve or operate?	
02:45 - 04:10 PM	**Session 2: Tendon problems in foot & ankle**	
	Moderators: *Dr. Anish Kadakia, Dr. S.M. Ajoy*	*Dr. Anish R Kadakia*
	1. Insertional Achilles tendinopathy: management	*Dr. Ken Hunt*
	2. Management of Non-insertional Achilles issues: Have we reached to a consensus?	*Dr. Anish R Kadakia*
	3. Neglected insertional Achilles ruptures	
	Discussion (15 minutes)	*Dr. Paulo Cesar*
	4. Tendon transfers for drop foot	*Dr. Anish R Kadakia*
	5. Tendon transfers for equinovalgus & calcaneovalgus	*Dr. Caio Nery*
	6. Tendon transfers in Cavus foot	
	Discussion (15 minutes)	
04:30 - 06:00 PM	**Session 3: Advances in foot & ankle**	
	Moderators: *Dr. Rajesh Simon, Dr. Paulo Cesar*	
	1. Deltoid reconstruction in management of adult acquired flat foot deformity	*Dr. Anish R Kadakia*
	2. Weight-bearing CT has changed the dynamics of foot & ankle practice	
	3. 3D printing in foot & ankle	*Dr. Ken Hunt*
	Discussion (15 minutes)	*Dr. Anish R Kadakia*
	4. Ankle Instability – Multidirectional Instability - Diagnosis and Treatment	
	5. Hallux valgus is a three-dimensional deformity!	*Dr. Caio Nery*
	6. Percutaneous surgery will be the future!	*Dr. Paulo Cesar*
	Discussion (15 minutes)	*Dr. Ken Hunt*
06:00 PM	**Shuttle Back to Hotel Le Meridien for Inauguration & Dinner**	

IFASCON
2023 NAGPUR

INAUGURATION
by

Shri Nitin Gadkariji
Minister for Road Transport & Highways
in the Government of India

FRIDAY, 25TH AUGUST 2023
07:00 PM ONWARDS
AT HOTEL LE MÉRIDIEN

INAUGURATION

followed by

Ghazal Night

FRIDAY, 25TH AUGUST 2023

08:00 PM ONWARDS

AT HOTEL LE MÉRIDIEN

Hands on Workshop
Interactive Session

FLAT FOOT RECONSTRUCTION TECHNIQUES

KEY FEATURES

26th August 2023 | 08:00 - 09:00AM

- Learn Minimal Invasive Osteotomies
- Spring Ligament Repairs & Augmentation
- Need of Sinus Tarsi Stents
- Understanding the Techniques of Tendon Transfer

Dr Vinod Panchbhavi
USA

Dr Abhishek Jain
Delhi

Dr Pradeep Moonot
Mumbai

Co-ordinator & Table Demonstrator: Dr. Ankush Mohabey, Dr. Sudhir Soni, Dr. Varun Naik

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ANKLE LIGAMENTS RECONSTRUCTION WORKSHOP

Learn Hands-on Practice on Broström-Gould Repair Techniques and Syndesmosis Tightrope Fixation by National and International Masters

KEY FEATURES

26th August 2023 | 08:00 - 09:00AM

- **Hands-on Practice:** Get hands-on experience in a controlled environment under the guidance of experienced surgeons. Practice the techniques using advanced simulation models.
- **Interactive Sessions:** Engage in interactive sessions where you can ask questions, discuss case studies, and seek expert advice from the masters.

Dr. Gowreeson
Singapore

Dr. Kamal Dureja
India

Dr. Abhishek Kini
Mumbai

Dr. Dhimant Patel
Ahmedabad

Co-ordinator & Table Demonstrator: Dr. Satish Sonar, Dr. Kuldeep Deshpande, Dr. Vikram sapre, Dr. Neha Godghate

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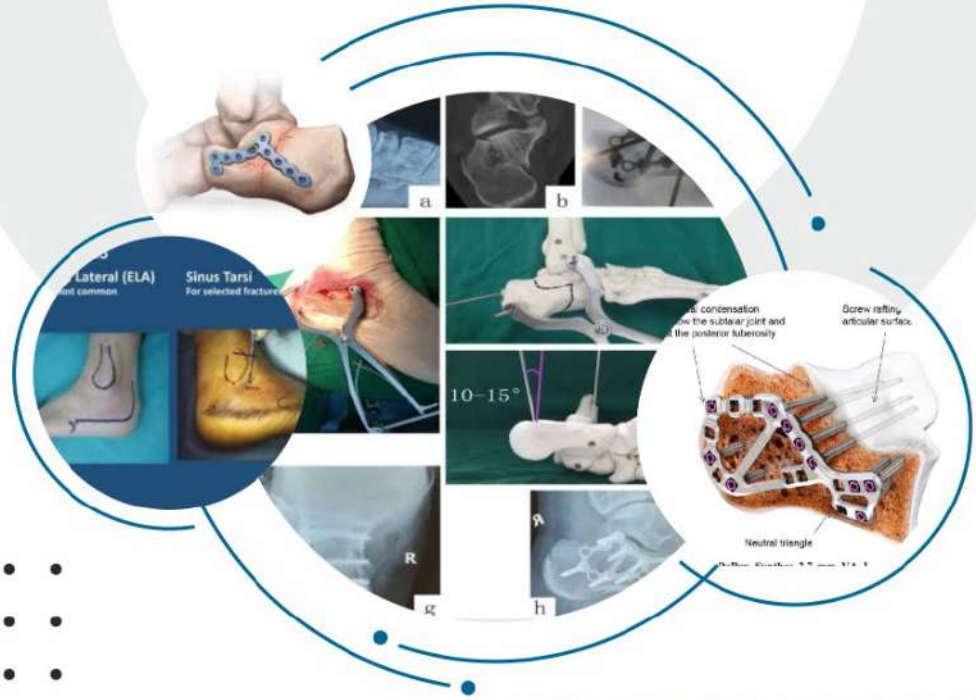

COMPREHENSIVE WORKSHOP ON CALCANEUM FRACTURE FIXATION

KEY FEATURES | **26th August 2023 | 08:00 - 09:00AM**

Emphasizing Minimal Invasive Approaches, Surgical Techniques, and Fixation Modalities

Dr Ezequiel Palmanovich

Dr. Sampat Dumbre Patil
Pune

Dr Abhijit Bandopadhyay
Kolkata

Dr Mahesh Soni
Ankleshwar

Co-ordinator & Table Demonstrator: Dr. Pradeep Kukde, Dr. Hrishikesh Saodekar, Dr. Alok Umre, Dr. Nitin Kimmatkar, Dr. Shantanu Deshmukh

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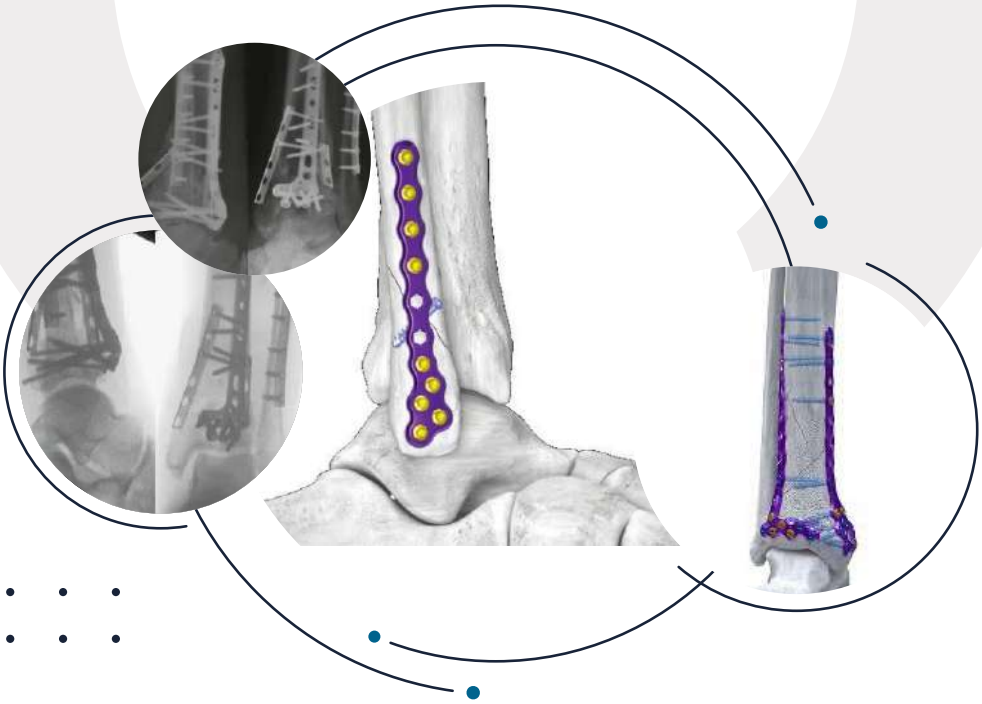

SAWBONE WORKSHOP ON DISTAL TIBIA-FIBULA PLATING SYSTEM!

KEY FEATURES | **26th August 2023 | 08:00 - 09:00AM**

- In-depth understanding of the distal tibia-fibula plating system
- Master the latest surgical approaches and techniques
- Guided instruction from experienced orthopedic surgeons
- Case studies and real-life scenarios for practical application
- Step-by-step guidance on preoperative planning and execution

Dr Arvind Puri
Australia

Dr R M Chandak

Dr Mahendra Kudchadkar

Dr Inderjit Singh

Co-ordinator & Table Demonstrator: Dr. Amol Kadu, Dr. Amol Patil, Dr. Sandeep Wagh, Dr. Sanjiv Chitnavis

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Day 1: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SATURDAY - 26TH AUGUST 2023

TIME	TOPIC	FACULTY
08:00 - 09:00 AM	**Wokshops**	
	Workshop 1 - Flat Foot **Co-ordinator & Table Demonstrator:** Dr. Ankush Mohabey, Dr. Sudhir Soni, Dr. Varun Naik	*Dr. Abhishek Jain, Dr. Pradeep Moonot, Dr. V. Panchbhavi*
	Workshop 2 - Ankle Ligaments **Co-ordinator & Table Demonstrator:** Dr. Satish Sonar, Dr. Kuldeep Deshpande, Dr. Vikram Sapre, Dr. Neha Godghate	*Dr. Kamal Dureja, Dr. Gowreeson T., Dr. Abhishek Kini, Dr. Dhimant Patel*
	Workshop 3 - Calcaneum Fracture Fixation **Co-ordinator & Table Demonstrator:** Dr. Pradeep Kukde, Dr. Hrishikesh Saodekar, Dr. Alok Umre, Dr. Nitin Kimmatkar, Dr. Shantanu Deshmukh	*Dr. Ezequiel, Dr. Sampat Dumbre Patil, Dr. Kishor Dudhat, Dr. Mahesh Soni, Dr. Abhijit Bandopadhyay*
	Workshop 4 - Distal Tibia Fibula Plating System **Co-ordinator & Table Demonstrator:** Dr. Amol Kadu, Dr. Amol Patil, Dr. Sandeep Wagh, Dr. Sanjiv Chitnavis	*Dr. Arvind Puri, Dr. R. M. Chandak, Dr. Mahendra Kudchadkar, Dr. Inderjit Singh, Dr. Rakesh Tripathi*

SATURDAY - 26TH AUGUST 2023 | LAPIDUS HALL (HALL A)

TIME	TOPIC	FACULTY / SPEAKER
09:00 - 10:30 AM	**Hallux valgus**	
	Moderators: *Dr. Gowreeson T., Dr. T. V. Raja*	
09:00 - 09:10 AM	Decision making in HV surgery	*Dr. Abhishek Jain*
09:10 - 09:20 AM	My indications for MTP Fusion in HV	*Dr. S. M. Ajoy*
09:20 - 09:30 AM	MIS surgery for HV – are we there yet?	*Dr. Ezequiel P.*
Cases	***Panelists:*** *Dr. Malhar Dave, Dr. Yogesh Salphale, Dr. Ananya Puttaraju*	
09:30 - 09:50 AM	1) Soft tissue release with distal osteotomy	*Dr. Hitin Mathur*
09:50 - 10:10 AM	2) Scarf Osteotomy	*Dr. Arun Kumar Ramanathan*
10:10 - 10:30 AM	3) Proximal rotational osteotomy	*Dr. Shakti Swaroop*
	4) Reserve	
10:30 - 12:00 Noon	**Pes Planus**	
	Modators: *Dr. Ken Hunt, Dr. Rajiv Vohra*	
10:10 - 10:40 AM	Paediatric Pes Planus – conserve, should I?	*Dr. Mahendra Kudchadkar*
10:40 - 10:50 AM	Adult Pes Planus – Treat it differently?	*Dr. Girish Motwani*
10:50 - 11:00 AM	PCFD – a new discovery or a new name?	*Dr. Ken Hunt*
Cases	***Panelists:*** *Dr. Anuj Chawla, Dr. Maruti Koichade*	
11:00 - 11:20 AM	1) MCO with FDL transfer	*Dr. Jagdish Sakhiya*
11:20 - 11:40 AM	2) Lateral column lengthening/ cotton's	*Dr. Rahul Upadhyay*
11:40 - 12:00 PM	3) Fusions in arthritic pes planus	*Dr. Shekar M*
	4) Reserve	
12:00 - 01:30 PM	**Orations**	
	Moderators: *Dr. Rajesh Simon and Dr. Inderjit Singh*	
12:00 - 12:30 PM	**RJSP Oration** - My Career in Perspective	*Dr. Mark Myerson*
12:30 - 01:00 PM	**Past President Oration** - Rheumatoid Foot - My Experience	*Dr. Malhar Dave*
01:00 - 01:30 PM	Presidential Eponymous Oration	*Dr. Venu Kavarthapu*
01:30 - 02:00 PM	**Lunch**	
02:00 - 03:30 PM	**Charcot**	
	Moderators: *Dr. Ashish Shah, Dr. Rajesh Simon*	
02:00 - 02:10 PM	Don't miss an acute Charcot	*Dr. Gowreeson T.*
02:10 - 02:20 PM	Conservative treatment – any role?	*Dr. Abhishek Kini*
02:20 - 02:30 PM	Charcot - Bigger and Longer is not always better	*Dr. Vinod Panchbhavi*
Cases	***Panelist:*** *Dr. Ashutosh Apte, Dr. Rahul Upadhyay*	
02:30 - 02:50 PM	1) Hindfoot Charcot following ankle fixation- salvaged	*Dr. Parth Parekh*
02:50 - 03:10 PM	2) Midfoot Charcot fixation	*Dr. Alok Jain*
03:10 - 03:30 PM	3) Newer fixations in Charcot	*Dr. Ramakanth Rajagopalan*
	4) Reserve	
03:30 - 04:00 PM	**Master talks**	
	Moderators: *Dr. Gowreeson, Dr. Mahendra Kudchadkar*	
03:30 - 03:45 PM	Supramallelor osteotomy	*Dr. Rajiv Shah*
03:45 - 04:00 PM	Talar OCDs - Newer treatment options	*Dr. Ken Hunt*
04:00 - 04:15PM	Spring ligament repair	*Dr. Ezequiel*

Day 1: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SATURDAY - 26TH AUGUST 2023 | LAPIDUS HALL (HALL A)

04:15 - 04:30 PM	**Tea Break**	
04:30 - 06:00 PM	**Grand Debate**	
06:00 - 06:30 PM	**Masters Instrument round !!** **Visit exhibition & live learning from international masters** ***Mentors:*** *Dr. Vinod Panchbhavi, Dr. Ashish shah, Dr. Kartik Hariharan*	***Co-ordinators:*** *Dr. Manoj Pahukar, Dr. Alok Umre*
06:30 - 07:30 PM	**GBM**	
	Visit to trade area and cultural activities	
08:00 PM Onwards	**Gala Dinner**	

SATURDAY - 26TH AUGUST 2023 | LISFRANC HALL (HALL B)

TIME	TOPIC	FACULTY / SPEAKER
09:00 - 10:30 AM	**Midfoot trauma**	
	Moderators: *Dr. Vinod Panchbhavi, Dr. Rajesh Simon*	
09:00 - 09:10 AM	Lisfranc Injuries – best way to fix	*Dr. Vinod Panchbhavi*
09:10 - 09:20 AM	Fractures of both columns	*Dr. Sampat Dumbre Patil*
09:20 - 09:30 AM	Neglected peri talar injuries – do we miss them?	*Dr. Jagatheesan Dharmarajan*
Cases	***Panelists:*** *Dr. Sampat D. Patil, Dr. Manoj Pahukar, Dr. Gurunath Wacche*	
09:30 - 09:50 AM	1) Navicular fractures	*Dr. Inderjit Singh*
09:50 - 10:10 AM	2) Lisfranc with associated navicular / other fractures	*Dr. Parthiban J.*
10:10 - 10:30 AM	3) Fresh dislocations – Peritalar	*Dr. Abhijit Bandopadhyay*
	4) Reserve	
10:30 - 12:00 Noon	**Pilon and Ankle fracture**	
	Moderators: *Dr. Venu K., Dr. Malhar Dave*	
10:30 - 10:40 AM	Have I reduced the ankle well?	*Dr. Aditya Somayaji*
10:40 - 10:50 AM	Ankle fractures in elderly, the new NOF	*Dr. Arvind Puri*
10:50 - 11:00 AM	External fixation for pilon fractures	*Dr. Kartik Hariharan*
Cases	***Panelists:*** *Dr. Aditya Somayaji, Dr. Ajit Phadke*	
11:00 - 11:15 AM	1) Pilon with soft tissue injury	*Dr. Aradhana Rathod*
11:15 - 11:30 AM	2) Staged fixations…	*Dr. Gurunath Wachhe*
11:30 - 11:45 PM	3) Variable angle plates used	*Dr. Sandeep Patel*
11:45 - 12:00 PM	4) Posterior malleolar fracture Fixation	*Dr. Sreeganesh*
12:00 - 01:30 PM	Orations (Hall Lapidus)	
01:30 - 02:00 PM	**Lunch**	
02:00 - 03:30 PM	**Hindfoot Trauma**	
	Moderators: *Dr. Paulo Cesar, Dr. Kamal Dureja*	
02:00 - 02:10 PM	Talar fractures – standard fixation	*Dr. Kishor Dudhat*
02:10 - 02:20 PM	Calcaneal fractures – what's new?	*Dr. K S Anand*
02:20 - 02:30 PM	Should the Calcaneal fracture always be addressed on the medial side?	*Dr. Rajiv Shah*
Cases	***Panelists:*** *Dr. Devashish Barick, Dr. Kamlakar Rao, Dr. Yogesh Salphale*	
02:30 - 02:45 PM	1) Talar malunion	*Dr. Siddhartha Sharma*
02:45 - 03:00 PM	2) Calcaneus malunion	*Dr. Abdul Gafoor*
03:00 - 03:15 PM	3) Open ankle injury	*Dr. Mahesh Soni*
03:15 - 03:30 PM	4) 3D printed calcaneal prosthesis	*Dr. Chandan Narang*
03:30 - 04:00 PM	**Master talks**	
	Moderators: *Dr. Pradeep Moonot , Dr. Arvind Puri*	
03:30 - 03:45 PM	Syndesmotic injuries - when and how?	*Dr. Mandeep Dhillon*
03:45 - 04:00 PM	Polytraumatised foot - should we call it as such?	*Dr. Paulo Caesar*
04:00 - 04:15 PM	EPISURF For Large Talar OCD	*Prof. Leif Ryd (Sweden)*
04:15 - 04:30 PM	EOTTS For Flat Foot	*Dr. Michael Graham*
04:30 - 06:00 PM	**Grand Debate**	
	Moderator: *Dr. Rajiv Shah*	
	Panelists: *Dr. Kartik Hariharan, Dr. Wasudeo Gadegone, Dr. Ashish Shah, Dr. Mandeep Dhillon, Dr. Sushrut Babhulkar, Dr. R. M. Chandak*	

BOLLYWOOD *Night*

SATURDAY, 26TH AUGUST 2023

08:00 PM ONWARDS

IFASCON
2023 NAGPUR

Day 2: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

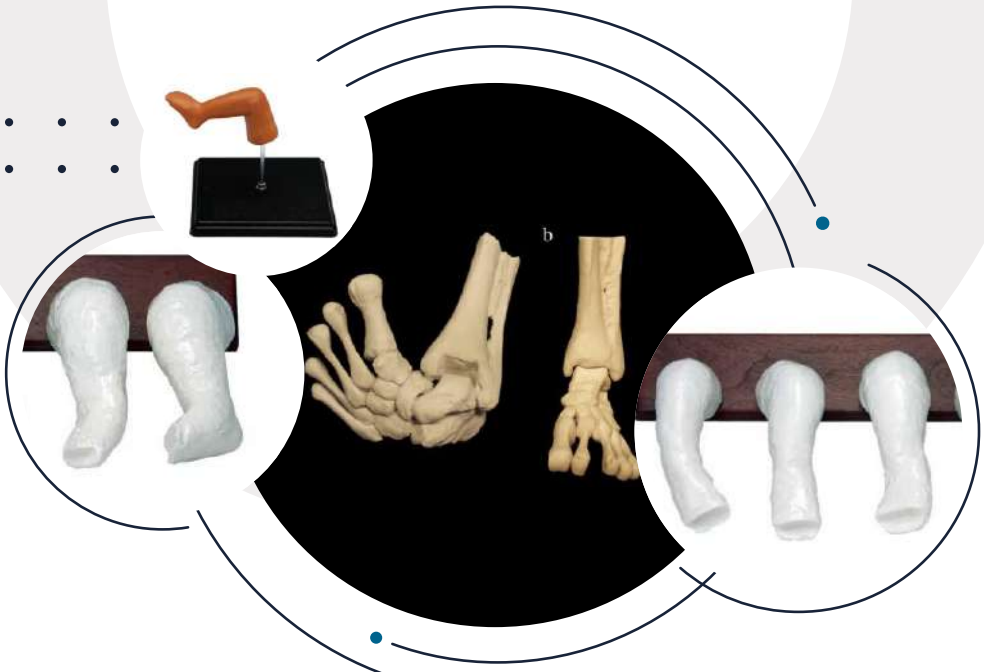
SUNDAY - 27TH AUGUST 2023 | LAPIDUS HALL

TIME	TOPIC	FACULTY / SPEAKER
08:00 - 09:00 AM	**KPS Gold Medal (Hall A)** ***Chirperson:*** *Dr. Sumedh Chaudhary, Dr. Satyajeet Jagtap, Dr. Sandeep Shrivastava*	
08:00 - 08:08 AM	"Arch reconstruction & deformity correction with super-construct fixations for Midfoot Charcot`s arthropathy"	*Dr. Ramakanth Rajagopalan*
08:09 - 08:17 AM	Fixation in missed lisfranc injuries: should this be attempted?	*Dr. Shubham Dakhode*
08:18 - 08:26 AM	Ankle fractures with Chaput fragment: A new classification system with insights into morphology, classification and Surgical management	*Dr. Sandeep Patel*
08:27 - 08:35 AM	Restoration of talar dimension using fibula graft in tibiotalocalcaneal nail fusion with Significant talar defect	*Dr. Chandan Narang*
08:36 - 08:44 AM	Case Series: Outcome of Giant Cell Tumor(GCT) in small bones of foot	*Dr. Yash Mehta*
08:45 - 08:53 AM	Comparison of Radiological and Clinical outcomes of Treatment of Lisfranc injuries with Dorsal low profile plates and Trans-fixing Intra-articular screws	*Dr. K. Arvind Natarajan*
08:54 - 09:00 AM	Extruded talus injuries are associated with significant complications: a double center series with minimum 1-year follow up	*Dr. Ankit Dadra*
09:00 - 10:30 AM	**Non Foot and Ankle Topics** ***Moderator:*** *Dr. Lalit Maini, Dr. R. M. Chandak*	
09:00 - 09:15 AM	How to plan your research?	*Dr. M. S. Dhillon*
09:15 - 09:30 AM	What gets published? – Tips and tricks	*Dr. Lalit Maini*
09:30 - 09:45 AM	IFAS Score	*Dr. Siddhartha Sharma*
09:45 - 10:00 AM	Fitness of body / fitness of mind	*Dr. Mahendra Kudchadkar*
10:00 - 10:15 AM	Don't get cheated – get what you deserve	*Dr. Pradeep Moonot*
10:15 - 10:30 AM	Be an entrepreneur - expanding your sphere	*Dr. Rajiv Shah*
10:30 - 12:00 Noon	**Forgotten CTEV / Polio/ Neurological disorders** ***Moderator:*** *Dr. Ezequiel, Dr. S. S. Jha*	
10:30 - 10:40 AM	Peroneal tendon pathology	*Dr. Nikhil Martin*
10:40 - 10:50 AM	Polio deformities in Adult , how should we approach?	*Dr. Rajesh Simon*
10:50 - 11:00 AM	Charcot Marie Tooth – principles of surgery	*Dr. Dhrumin Sangoi*
Cases	***Panelists:*** *Dr. Alaric Aoojis, Dr. Sudhir Babhulkar, Dr. Shuvendu Roy*	
11:00 - 11:20 AM	1) A case of Complex CTEV managed with 3D printing and planning	*Dr. Kamal Dureja*
11:20 - 11:40 AM	2) Fusions in polio	*Dr. Kirubakaran*
11:40 - 12:00 PM	3) Hindfoot correction in CMT	*Dr. Dennis Jose*
	4) Reserve	
12:00 - 01:30 PM	**Lesser toe deformities / miscellaneous** ***Moderator:*** *Dr. Ashish Shah / Dr. T. V. Raja*	
12:00 - 12:10 PM	Weil's osteotomy for rigid hammer toes	*Dr. Ajoy S. M.*
12:10 - 12:20 PM	Plantar callosities – do look at pressure points	*Dr. Jayant Sen*
12:20 - 12:30 PM	Bunionette deformity – never noticed one	*Dr. T. V. Raja*
Cases	***Panelists:*** *Dr. Ganesh Pundkar, Dr. Parthiban Jeya*	
12:30 - 12:50 PM	1) Tendon transfer / Du Vries for Hammer toe	*Dr. Sreeganesh K.*
12:50 - 01:10 PM	2) Rheumatoid forefoot reconstruction	*Dr. Aditya Somayaji*
01:10 - 01:30 PM	3) BRT Osteotomy	*Dr. Vijay D.*
	4) Reserve	
01:30 - 02:00 PM	**Lunch**	
02:00 - 03:00 PM	**Pediatric Session**	
02:00 - 02:10 PM	Physeal injuries of ankle: Management of sequence	*Dr. S. S. Jha*
02:10 - 02:20 PM	Management of delayed presentation OF Club foot	*Dr. Alaric Aroojis*
02:20 - 02:30 PM	Osteotomies IN Recurrent / Neglected CTEV: Where we are in 2023?	*Dr. Viraj Shingade*
02:30 - 03:00 PM	**Panel Discussion - *Moderators:*** *Dr. Amit Nemade , Dr. Anshul Chadda* ***Panelist:*** *Dr. S. S. Jha, Dr. Alaric Aroojis, Dr. Viraj Shingade*	
03:00 - 04:00 PM	**Workshops**	

Day 2: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SUNDAY - 27TH AUGUST 2023 | LAPIDUS HALL

TIME	TOPIC	FACULTY / SPEAKER
03:00 - 04:00 PM	**Workshop 1 - Clubfoot Workshop** **Co-ordinators & Table Demonstrator:** Dr. Parth Gawatre, Dr. Rupesh Lodha, Dr. Makrand Dhopavkar, Dr. Rajesh Gandhi, Dr. Suyog Rathi, Dr. Anshul Chaddha	*Dr.Alaric Aroojis, Dr.Amit Nemade, Dr.Viraj Shingade*
	Workshop 2 - Nailing around ankle **Co-ordinators & Table Demonstrator:** Dr. Manoj Pahukar, Dr. Ninad Godghate, Dr. Parth Gawharle, Dr. Ajay Surwade	*Dr.Ashish Shah, Dr.Wasudeo Gadegone, Dr.Sushrut Babhulkar, Dr.Parth Parekh, Dr. Rakesh Tripathi*
	Workshop 3 - Foot & ankle Arthrodesis **Co-ordinators & Table Demonstrator:** Dr. Vikram Sapre, Dr. Aditya Pundkar, Dr. Swapnil Gadge, Dr. Ankush Mohbey	*Dr.Venu Kavarthapu, Dr. Pradeep Moonot, Dr.Rahul Upadhyay, Dr. Alok Jain*
	Workshop 4 - Midfoot & Talar Fracture fixation **Co-ordinators & Table Demonstrator:** Dr. Harjyot, Dr. Sanjay Sonawane, Dr. Rajesh Gadiya, Dr. V. K. Verma	*Dr. Kartik Hariharan, Dr. Rajiv Vohra, Dr. S M Ajoy, Dr. Siddhartha Sharma*
04:00 - 04:30 PM	**VALEDICTORY**	



LEARNING THE MASTER TECHNIQUES OF CLUB FOOT CASTINGON STIMULATED CLUB FOOT MODELS

KEY FEATURES | **27th August 2023 | 03:00 - 04:00PM**

- Comprehensive understanding of club foot and its treatment
- Step-by-step guidance on applying club foot casts
- Hands-on practice on simulated club foot models
- Expert insights from experienced medical professionals

Dr Alaric Aroojis

Dr Amit Nemade

Dr Viraj Shingade

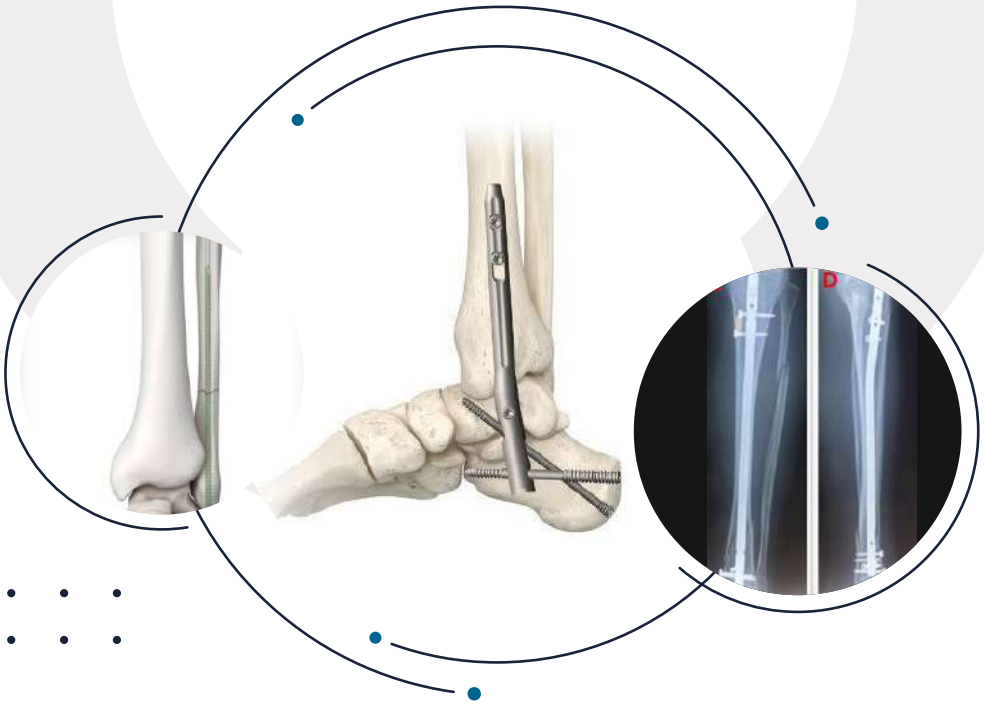
Co-ordinators & Table Demonstrator: Dr. Parth Gawatre, Dr. Rupesh Lodha, Dr. Makrand Dhopavkar, Dr. Rajesh Gandhi, Dr. Suyog Rathi, Dr. Anshul Chaddha

IFASCON 2023 NAGPUR

Theme : Ideate, Innovate, Integrate

35th Annual National Conference of the Indian Foot & Ankle Society in association with Vidarbha Orthopaedic Society, Nagpur

Dates: 25th to 27th August 2023
Venue: Le Méridien Nagpur



HANDS-ON WORKSHOP ON NAILING AROUND THE ANKLE!

KEY FEATURES | **27th August 2023 | 03:00 - 04:00PM**

- **Suprapatellar Nailing for Distal Tibia Fracture:** Learn the latest advancements in suprapatellar nailing and gain a comprehensive understanding of its application in distal tibia fractures
- **Tibiotalocalcaneal Nailing:** Discover the intricacies of tibiotalocalcaneal nailing, an essential technique for hindfoot fusion
- **Fibula Screw Nailing:** Uncover the nuances of fibula screw nailing and its significance in ankle fracture management

Dr Ashish Shah
Birmingham

Dr Wasudeo Gadegone
Chandrapur

Dr Sushrut Babhulkar

Dr Parth Parekh

Co-ordinators & Table Demonstrator: Dr. Manoj Pahukar, Dr. Ninad Godghate, Dr. Parth Gawharle, Dr. Ajay Surwade

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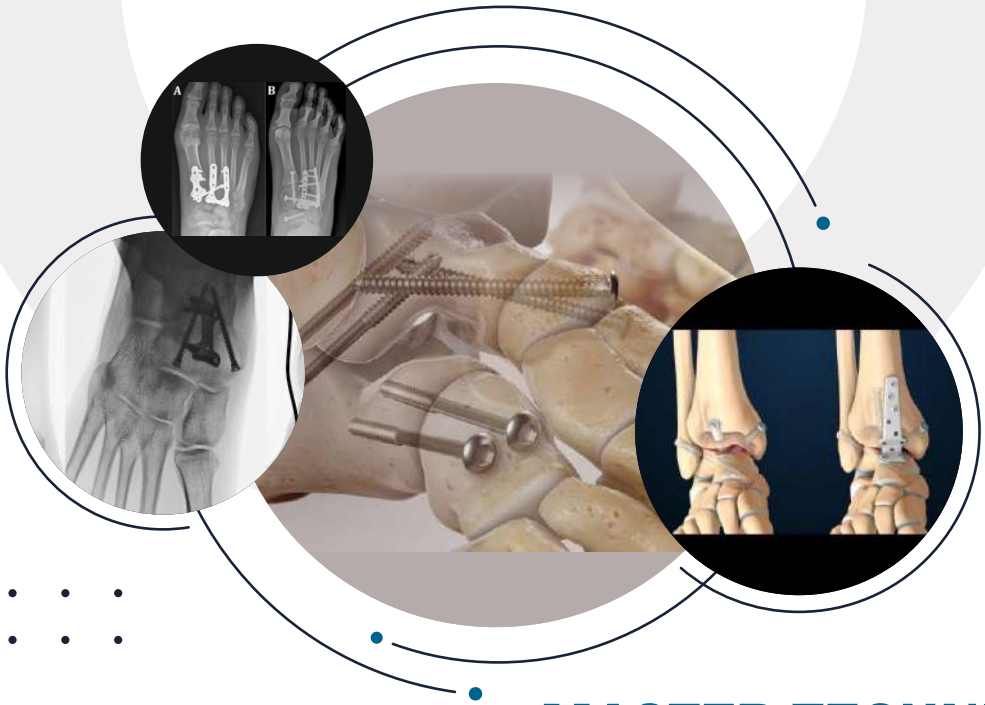

MASTER TECHNIQUES OF FOOT AND ANKLE ARTHRODESIS!

Are you a looking to enhance your knowledge and skills in foot and ankle arthrodesis? Look no further! We invite you to join our exclusive Saw Bone Workshop on Understanding Master Techniques of Foot and Ankle Arthrodesis. This workshop is designed to provide in-depth insights and hands-on training on various approaches, tips, and tricks utilized in ankle fusion, triple arthrodesis, and lisfranc fusion procedures.

KEY FEATURES

27th August 2023 | 03:00 - 04:00PM

- Expert-led sessions by renowned surgeons specializing in foot and ankle arthrodesis
- Hands-on saw bone practice for each technique, allowing for practical skill development
- Interactive discussions and Q&A sessions with the experts

Dr Vinod Panchbhavi
USA

Dr Pradeep Moonot
Mumbai

Dr Rahul Upadhyay
Jaipur

Dr Alok Jain
Indore

Dr Dhrumin Sangoi

Co-ordinators & Table Demonstrator: Dr. Vikram Sapre, Dr. Aditya Pundkar, Dr. Swapnil Gadge, Dr. Ankush Mohbey

IFASCON 2023 NAGPUR

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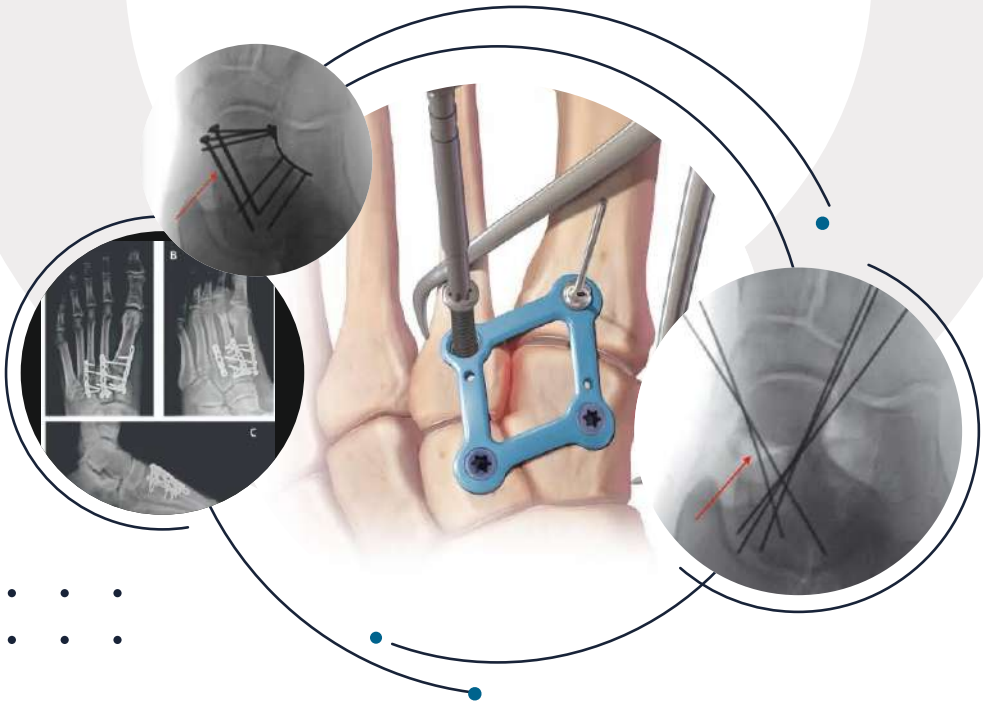

MASTER THE ART OF MIDFOOT AND TALAR FRACTURE FIXATION!

KEY FEATURES | **27th August 2023 | 03:00 - 04:00PM**

- In-depth exploration of midfoot and talar fractures
- Comprehensive overview of fracture classification and assessment
- Hands-on saw bone exercises for fracture reduction and fixation
- Expert guidance from renowned orthopedic surgeons
- Interactive case discussions and problem-solving sessions
- Advanced surgical techniques and innovative approaches
- Realistic simulation to refine your skills

Dr Kartik Hariharan
UK

Dr Rajiv Vohra
Amritsar

Dr Ajoy S M
Bangalore

Dr Siddhartha Sharma
Chandigarh

Co-ordinators & Table Demonstrator: Dr. Harjyot, Dr. Sanjay Sonawane, Dr. Rajesh Gadiya, Dr. V. K. Verma

IFASCON 2023 NAGPUR

Theme : Ideate, Innovate, Integrate

35th Annual National Conference of the Indian Foot & Ankle Society in association with Vidarbha Orthopaedic Society, Nagpur

Dates: 25th to 27th August 2023
Venue: Le Méridien Nagpur

Day 2: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SUNDAY - 27TH AUG 2023 | LISFRANC HALL

TIME	TOPIC	FACULTY / SPEAKER
08:00 - 09:00 AM	**RJSP Gold Medal (Hall B)** ***Chirperson:*** *Dr. Samir Dwidmuthe, Dr. M Faizal, Dr. Maruti Koichade*	
08:00 - 08:08 AM	Talar neck malunions – evaluation of kinematics, pedobarographic changes and patient reported outcome measures	*Dr. Siddhartha Sharma*
08:09 - 08:17 AM	Non healing ulcer foot Bony balancing technique for treatment of non-healing ulcer of neuroparalytic foot t	*Dr. Naveen Kothari*
08:18 - 08:26 AM	Correlation between Progressive Collapsing Foot Deformity and Malalignment of the 1st Metatarsophalangeal joint and Knee	*Dr. Alphy Cherian Philips*
08:27 - 08:35 AM	Hind-foot fixations in open calcaneus fractures with significant bone and soft tissue loss	*Dr. Arunkamal Chandramohan*
08:36 - 08:44 AM	Ultrasonographic Assessment of Indian Patients with Plantar Fasciitis and its Clinical Correlation: A Prospective Observational Study	*Dr. Mainak Roy*
08:45 - 08:53 AM	Efficacy of releasing medial 1/4th of plantar fascia using a novel technique in intractable plantar fascitis- A prospective study	*Dr. Sunish Zachariah*
08:54 - 09:00 AM	Role of Artificial Intelligence in classification of bones of foot by supervised machine learning method.	*Dr. Kurian Alappatt*
09:00 - 10:30 AM	**Neglected trauma** ***Moderator:*** *Dr. Hargun Sangtani, Dr. Girish Motwani*	
09:00 - 09:10 AM	Late presentations of Lisfranc – can we salvage?	*Dr. Rajesh Simon*
09:10 - 09:20 AM	Neglected ankle fractures	*Dr. Kamal Dureja*
09:20 - 09:30 AM	Neglected open foot and ankle injuries – amputate??	*Dr. Rajiv Vohra*
Cases	***Panelists:*** *Dr. Shyam Rathi, Dr. Anand Shantanu, Dr. K. S. Anand*	
09:30 - 09:50 AM	1) Ankle fractures – inadequately treated	*Dr. Velmurugan Srinivasan*
09:50 - 10:10 AM	2) Lisfranc fracture – improper treatment	*Dr. Balu C Babu*
10:10 - 10:30 AM	3) Metatarsal malunion	*Dr. Ronak Kotian*
	4) Reserve	
10:30 - 12:00 Noon	**Sports Injuries / A'scopy** ***Moderator:*** *Dr. Kamal Dureja, Dr. Ashish Shah*	
10:30 - 10:40 AM	HINDFOOT arthroscopy – portals and basics	*Dr. Ramakant Rajagopalan*
10:40 - 10:50 AM	Osteochondral lesions of the Talus – My algorithm of treatment	*Dr. Abhishek Kini*
10:50 - 11:00 AM	Lateral ankle instability with OCD – How I manage	*Dr. Ashish Shah*
Cases	***Panelists:*** *Dr. Mukesh Laddha, Dr. Eziequiel Palmanovich, Dr. Vijay Kumar*	
11:00 - 11:20 AM	1) Arthroscopic ankle fusion	*Dr. Rahul Upadhyay*
11:20 - 11:40 AM	2) Brostrom – Gould repair	*Dr. Shyam Thakkar*
11:40 - 12:00 PM	3) Stress fractures	*Dr. Ankit Khurana*
	4) Reserve	
12:00 - 01:30 PM	**Forefoot trauma** ***Moderator:*** *Prof. Leif Ryd / Dr. Pardeep Bageja*	
12:00 - 12:10 PM	Sesamoid injuries – swept under the carpet??	*Dr. Anuj Chawla*
12:10 - 12:20 PM	Turf toe / Plantar plate injury	*Dr. Pradeep Moonot*
12:20 - 12:30 PM	Metatarsal neck fractures - multiple	*Dr. Ankit Khurana*
Cases	***Panelist:*** *Dr. Rajiv Vohra, Dr. Suyog Rathi*	
12:30 - 12:50 PM	1) Intercondylar fractures - phalanx	*Dr. Anuj Chawla*
12:50 - 01:10 PM	2) Freiberg infraction	*Dr. Pradeep Moonot*
01:10 - 01:30 PM	3) Malunion / gap non union of 1st MT	*Dr. Varun Sahetia*
	4) Reserve	
01:30 - 02:00 PM	**Lunch**	
02:00 - 03:00 PM	**APOA Session**: Not just another day at the office-the cases that were difficult, demanding and draning ***Chairpersons:*** *Dr. Unmesh Mahajan, Dr. Sanjeev Chaudhari, Dr. Subramanian*	*Dr. Arvind Puri, Dr. Rajiv Shah, Dr. K.S Anand, Dr. Rajiv Vohra*

Day 1: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SATURDAY - 26TH AUG 2023 | Board Room

TIME	TOPIC	FACULTY
04:30 - 06:00 PM	Fellowship Interviews	

Day 2: MAIN CONFERENCE - LE MÉRIDIEN Nagpur

SUNDAY - 27TH AUG 2023 | HALL C

TIME	TOPIC	FACULTY
	Dr. Sureshwar Pandey PG Lecture Course	
	Chairperson: Dr. Devashish Barik, Dr. Sandeep Wagh	
09:00 - 09:10 AM	Course Introduction and Objectives	*Dr. Arun Ramanatha,*
		Dr. Inderjit Singh
09:00 - 09:25 AM	Clinical examination of a Foot and Ankle Case	*Dr. Rahul Upadhyay*
	Chairperson: Dr. Subramanian, Dr. Ganesh Punkar	
09:25 - 09:55 AM	Radiology Workshop	*Dr. Hitin Mathur*
09:55 - 10:10 AM	Pilon Fractures	*Dr. Yogesh Salphale*
	Chairirperson: Dr. Sushil Mankar, Dr. Mohit Sharma	
10:10 - 10:25 AM	Ankle Fractures	*Dr. Sanjay Sonawane*
10:25 - 10:40 AM	Calcaneus Fractures	*Dr. Ajay Surwade*
10:40 - 10:55 AM	Talus Fractures	*Dr. Sandeep Patel*
10:55 - 11:15 AM	**Tea Break**	
	Chairperson: Dr. Ratnakar Ambade, Dr. Rajesh Gadhiya, Dr. Harish Gidhwani	
11:15 - 11:30 AM	Tendo Achilles Ruptures – Acute and Chronic	*Dr. Jayant Sen*
11:30 - 11:45 AM	Hallux Valgus	*Dr. Arun Kumar Ramanathan*
11:45 - 12:00 Noon	Lisfranc Injury	*Dr. Manish Ladhania*

SUNDAY - 27TH AUG 2023 | HALL D

TIME	TOPIC	FACULTY
09:00 - 10:30 AM	**Young Surgeons Forum**	
	Mentor: Dr. Vinod Panchbhavi / Dr. Kartik Hariharan	
	Program Co-ordinator: Dr. Jagdish Sakhiya	
	Avulsion fracture of ppx great toe	Dr. Jagadish Sakhiya
	Calcaneal lateral wall exostosis	Dr. Madhura Kulkarni
	Calcaneo navicular & naviculo cuneiform coalition	Dr. Soura Sekhar Saha
	Planter plate rupture of great toe	Dr. Vihal Patel
	Malreduced medial malleolus with missed LCL injury	Dr. Dhimant Patel
	Adolescent flatfoot with hallux valgus	Dr. Vijaykumar
	Chronic Ankle instability with OCT	Dr. Chandan Narang

POSTER GALLERIA

TIME	TOPIC
09:00 - 10:30 AM	**Poster Evaluation Tour**
	Coordinators: Dr Sagar Jaiswal, Dr Samrat Taori, Dr Aniruddha Sonegaokar, Dr Nakul Chandak
	Mentors: Dr Pankaj Tathe, Dr Malhar Dave, Dr Biswajit Sahu, Dr Abhijit Bandopadhyay

Non Residential Registration Packages

Category	1st August 2023 onwards
IFAS Member	11000+ 18% GST 12980/-
IFAS Non member	13000 + 18% GST 15340/-
PG Students	9500 + 18 % GST 11210/-
Accompanying Person (5 Years and above)	12000 + 18% GST 14160/-

Registration Package Inclusive :
Registration of Conference + Lunches on 25th, 26th & 27th August, 2023 + Dinner on 26th August + GST as applicable

Payment Details

For offline registrations please pay by multicity cheque / demand draft in favourof

IFASCON 2023

and post to the below address along with the duly flled form

Cancellations Policy

- 75% of the registration fee excluding GST amount will be refunded for written cancellations received on or before 31st March 2023.
- 50% of the registration fee excluding GST amount will be refunded for written cancellations received on or before 31st May 2023.
- 25% of the registration fee excluding GST amount will be refunded for written cancellations received on or before 31st July 2023.
- No refunds for requests post 1st August 2023

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IFASCON
2023 NAGPUR

Registration Form

Surname*: ..... First Name*: .....

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.....

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All future communications will be through email and mobile via SMS.

Preferred Room Partner (in case of twin sharing occupancy): .....

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- ☐ Single Room
- ☐ Twin Sharing Per Person
- ☐ Delegate with Accompanying Person

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